

PROFEX SZAKNYELVI VIZSGA

B1(alapfok) – angol nyelv
Írásban teljesítő
Közvetítés



vizsgázó sorszáma:

MINTATESZT

Fordítsa le az alábbi szöveget! Elérhető pontszám: 15 pont.

Figyelem! A vizsga akkor lehet sikeres, ha a vizsgázó részegységként legalább 40%-ot teljesít. Végső megoldásként csak a tintával írt változatot fogadjuk el.

Diabetes

Diabetes is a disease in which your blood glucose, or blood sugar levels are too high. Glucose comes from the foods you eat. Insulin is a hormone that helps the glucose get into your cells to give them energy. With type 1 diabetes, your body does not make insulin. With type 2 diabetes, the more common type, your body does not make or use insulin well. Without enough insulin, the glucose stays in your blood. Over time, having too much glucose in your blood can cause serious problems. It can damage your eyes, kidneys, and nerves. Diabetes can also cause heart disease, stroke and even the need to remove a limb. Pregnant women can also get diabetes, called gestational diabetes. Blood tests can show if you have diabetes. Exercise and weight control can help control your diabetes. You should also monitor your blood glucose level and take medicine if prescribed. Why is it important to prevent, diagnose and treat diabetes?

Untreated diabetes can lead to a number of serious problems, including:

- Eye damage that can cause blindness
- Kidney failure
- Heart attacks
- Nerve and blood vessel damage
- Problems with gums, including tooth loss

That's why treatment is important at any age. Keeping blood sugar levels very close to the ideal can minimize, delay and, in some cases, even prevent the problems that diabetes can cause.

(Source: <https://www.nlm.nih.gov/medlineplus/diabetes.html>)